



## LATROBE FLOOD LEVELS WORKS UNDERWAY

Visitors and residents of Latrobe have probably seen the boom of a 275-ton crawler crane poking well above the skyline in the Station Square carpark behind Hill Street grocers. The sight pleasingly confirms that works are underway to complete the Latrobe Flood Levees project over the next 12 months.

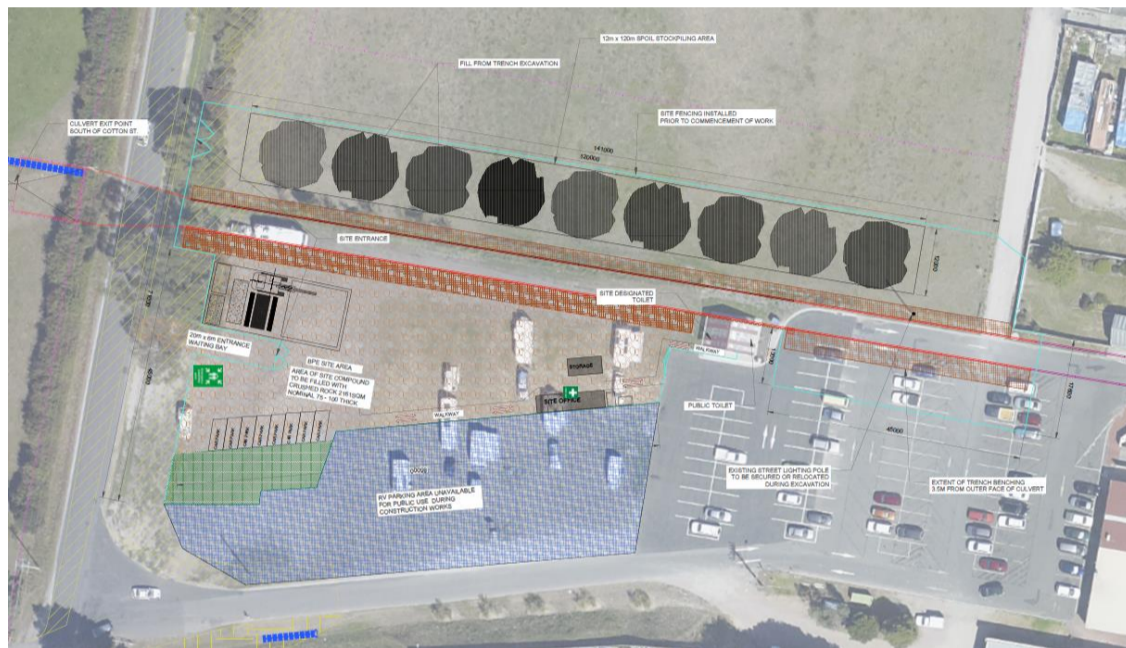


Image: Impact during stage 2 construction of bypass culvert south of Gilbert Street

Local lead contractor BridgePro and their main subcontractors Treloar Civil & Quarries and Shaw Contracting are on site and have started relocating underground services and excavating a large trench for the 5m wide and 2.5m deep rectangular diversion culvert. The crane will be used to place the precast concrete panels and has the advantage of a very large reach. This culvert will divert floodwater from Kings Creek at Kings Park and channel them underground across Gilbert Street, down the laneway beside Subway and the Newsagent, through the Station Square Carpark, the overnight camp area and under Cotton Street. Water will exit on the southern side of a levee bank that Cotton Street will be rebuilt on.

The Cotton Street earth levee will start near Weld Street and continue to get taller as it heads towards the Mersey River on the southern side of Kings Creek from Victor Street to TasWater's sewage pump station near the Miles Ford Bridge. Kings Creek near its discharge to the Mersey River will have pumps installed to eject water to the Mersey River when water levels are high, and the diversion culvert is flowing. From the Miles Ford Bridge, an earth levee will continue on the river side of River Road that will taper out to ground level before the Bells Parade toilets.

There will be unavoidable disruption during the project and the contractors are balancing the minimisation of disturbance and shortening the period of works. Some of the main disruptions will be when working in the access laneway to the Station Square Carpark and when crossing Gilbert Street with the culvert. The Teddy Shean VC monument and the start of Shean Walk near Banjo's will be temporarily inaccessible when construction works are close to it. There will be reduced parking in Council's Station Square carpark and access to it will be limited to Cotton Street.

The current intention is to keep Gilbert Street open for the duration of the culvert works by initially building the culvert to the middle of the road and using the other side of the road including the parking lane for through traffic. Trucks may have to be diverted to Cotton Street. Once half of Gilbert Street has been crossed then traffic will be put over

the new culvert and the other side built. There will be a loss of some car parking on Gilbert Street during this operation. The Cotton Street levee works are scheduled for completion prior to Christmas, and associated traffic disruption will not coincide with the culvert crossing in Gilbert Street which is planned for the new year. The programming is under constant review and will become more detailed and accurate as works progress.

There will be much interest in this project and for this reason, BridgePro has a dedicated resource for stakeholder engagement, interaction, and information provision. Madeline can be contacted at [madeline.bennett@bridgepro.com.au](mailto:madeline.bennett@bridgepro.com.au) or 0448 886 745 between 8am and 5pm on weekdays.

A large project information board has been placed in Station Square for the duration of the project and will be kept up to date with the latest progress, upcoming works, maps, and timetables. Information will also be provided in Kings Park, near the Miles Ford Bridge and Bells Parade in addition to Council's website.



Image: 275-ton crawler crane

## CAT DESEXING



RSPCA Tasmania regularly receives enquiries from cat owners who may not be able to afford the costs of desexing their cat.

Amendments to the Cat Management Act came into effect on 1 March 2022. Cat owners are now required to have their cats desexed by four months of age and any cat sold needs to be desexed (even if under four months of age).

To address this need, the RSPCA has launched a statewide desexing program for eligible pet owners.

The program offers a simple online payment system to help cat owners stretch out the payments for the desexing bills. The owner would pay an upfront deposit to the RSPCA and then repay the balance through Centrelink.

This program is only available to holders of a health care, pension, or student card. Visit the RSPCA website for information and participating veterinarians – [www.rspcatas.org.au](http://www.rspcatas.org.au).

Source: RSPCA Tas

## NOISE POLLUTION

Noise pollution is sound at a level that is annoying, distracting or physically harmful. This can mean different things to different people.

In residential areas, an acceptable level of noise for one person may be unacceptable to another. A person's reaction to noise may also depend on the time of the day and the nature of the noise.

Problems can be caused by using power tools, gardening equipment, poorly located air conditioners, music system subwoofers, or people talking loudly outdoors at a late-night party.

The general approach to residential noise management in Tasmania is that a person's use of noise-making equipment, as well as their recreational activities, must not unreasonably interfere with their neighbour's wellbeing.

This includes the neighbour's ability to use both indoor and outdoor spaces on their property.

For further information, please go to the EPA Tasmania website and search for residential noise or check out the Noise brochure on Council's website.

Source: EPA

## CAMP BANKSIA UPDATE

Work is continuing to go well for Stage 1 of the Camp Banksia redevelopment, with significant stormwater infrastructure

upgrades and concrete slabs going in for the first group of new cabins. Framing of the first cabin will commence in the coming weeks, along with excess soil from the groundworks being cleared.

## PORT SORELL CARAVAN PARK

The contract for Stage 2 of the Port Sorell Caravan Park redevelopment has been awarded to the Oliver Kelly Group. This will include a new caravan park caretakers' residence and groundworks for future park cabins, along with a new entrance to the park to align with the new residence/reception building.

## PORT SORELL COMMUNITY INFORMATION EVENING

The Port Sorell Community Information Evening will be held from 7:00pm on Thursday, 15 September 2022.

This evening will provide attendees with an update on issues of relevance to the greater Port Sorell area.

There will be an opportunity, if time allows, for attendees to raise additional matters of interest relevant to the greater Port Sorell area.

Please note that tickets are limited, and registration is required for entry to this event.

If you book but then find that you are unable to attend, please release your tickets to enable booking by others in the community via the refund option.

Bookings open at 12 noon on 15 August 2022 via Eventbrite or by contacting Council: [council@latrobe.tas.gov.au](mailto:council@latrobe.tas.gov.au) or (03) 6426 4444.

## COUNCIL'S WORKS REPORT



The 2022-23 budget was set in July and at the time of writing this article, projects were still being designed and scheduled.

The following works are scheduled to be undertaken throughout the Latrobe Municipality during September and October:

### CIVIL CONSTRUCTION AND MAINTENANCE

- Gravel road maintenance grading and resheeting program
- Rural roadside shouldering
- Rural roadside drainage maintenance and cleaning
- Rural road verge maintenance and tree trimming
- Road seal maintenance

### TOWN SERVICES

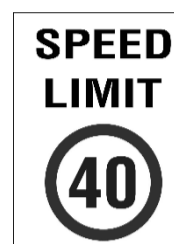
- Installation of new garbage and recycling bins in CBD areas and parks
- General Council building maintenance
- Latrobe Swimming Pool maintenance prior to season-opening
- Elderly Person Units maintenance and upgrades

- Town stormwater network maintenance and cleaning

### GREEN SPACES

- Parks and street tree maintenance and planting
  - MTB trails maintenance
  - Town creeks and drains maintenance and cleaning
  - Parks mowing and servicing program
- Should you have any queries in relation to the above works, please do not hesitate to contact Council's Operations Manager on 6426 4453.

## CHANGES TO ROAD RULES



Slowing down for emergency and roadside assistance vehicles.

Current Tasmanian Road rules require motorists to slow down to 40km/h when approaching

stationary or slow-moving emergency service vehicles with flashing red, blue, or magenta lights or a siren.

This applies to whatever direction you are travelling in unless there is a dividing barrier between you and the emergency service vehicle.

From 1 August 2022, there will be two major changes to this rule:

1. That you will also be required to safely slow down to 40km/h when passing a stationary or slow-moving roadside assistance vehicle with flashing yellow lights.

2. On high-speed roads you must slow down to pass a stationary or slow-moving emergency service or roadside assistance vehicle with flashing lights, or a siren, unless it is not safe to do so.

If it is unsafe to slow to 40km/h on a high-speed road, you must slow down as safely as you can.

## LOCAL BUILDING UPDATE

64 building, plumbing, and commercial applications and notifications of works were received by Council from March and April inclusive. They comprised 13 dwellings; 6 dwelling additions/alterations; 12 outbuildings; 4 commercial/industrial; 26 plumbing applications, and 3 other applications with a conservative value of \$8,621,134.

## YOUR ELECTED

### REPRESENTATIVES

Mayor Peter FRESHNEY ....0417 287 006  
 D/Mayor Graeme BROWN..0417 598 116  
 Shayne (Cush) ALLISON....0409 792 648  
 Michael McLAREN .....6426 2777  
 Vonette MEAD .....0407 055 180  
 Sommer METSKE .....0409 622 710  
 Garry SIMS ..... 0419 139 053  
 Gerrad WICKS.....0488 325 590  
 Lesley YOUNG.....0419 326 250



## TEDDY SHEEAN MEMORIAL



Latrobe Council will be applying to the Federal Government to recognise the Teddy Sheean Memorial as a Memorial of National Significance.

As such, a redesign proposal will be progressed that tells more elements of the story about the awarding of the first Victoria Cross to a Navy Ordinary Seaman – Edward “Teddy” Sheean.

Council will consult with the community and invite comment on this proposal as it is developed.

Importantly, it is not proposed to lose what’s already there as part of the monument, but to incorporate its elements, such as the sculptures crafted by Stephen Walker, as part of a greater information space to commemorate the life, sacrifice and awarding of a Victoria Cross to Mr Teddy Sheean VC.

### Did you know?

Teddy Sheean VC was from Lower Barrington and lived in Latrobe.

He was the first member of the Royal Australian Navy to be awarded Australia’s highest honour for valour and bravery – the Victoria Cross.

The honour was awarded posthumously in December 2020, 78 years after he died in World War 2.

More information about his extraordinary bravery and sacrifice can be found at [www.navy.gov.au/biography/ordinary-seaman-edward-teddy-sheean-vc](http://www.navy.gov.au/biography/ordinary-seaman-edward-teddy-sheean-vc).

## CHANGE TO ONLINE PAYMENTS – NEW BANK REFERENCE NUMBER

Council has recently implemented a new cloud-based IT system. As a result, ratepayers will need to use the new Bank Reference Number instead of the assessment number when paying their rates online, by BPAY or BPOINT.

If you have set up recurring payments through your bank, or wish to pay through online banking, please amend your payment reference number to match the new Bank Reference Number provided on your rates notice.

If you are unsure which number to use, please contact Council on 6426 4444 as we will be pleased to assist you during this transitional period.

## STOKESAFE TALKS



Tasmania has the highest rate of stroke per capita in Australia.

Stroke kills more women than breast cancer and men than prostate cancer. One stroke occurs in Australia every 19 minutes.

Without action, it is estimated that the number of strokes in Australia will nearly double by 2050!

Book a free StrokeSafe Talk to educate your community group or workplace on what a stroke is, the signs of stroke and how you can prevent a stroke.

The Stroke Foundation wants to ensure that every Tasmanian knows how to recognise the signs of stroke, and what to do if they see someone having one.

## NOMINATE YOUR STREET FOR TREE PLANTINGS



The Latrobe Tree Planting Committee is requesting that residents of the Latrobe municipality nominate streets for tree plantings!

There are many benefits of planting trees in residential areas, including:

- Increased value of the street and neighbourhood appeal
- Reduce traffic speeds
- Help to clearly define boundaries between pedestrian walkways and road users
- Cleaner air
- Lowered air temperatures

Please nominate a street for tree planting consideration by emailing Council at [council@latrobe.tas.gov.au](mailto:council@latrobe.tas.gov.au) or calling us on 6426 4444.

## COUNCIL ADOPTS 2022/23 ANNUAL PLAN, BUDGET AND RATES

Latrobe Council held a Special Meeting on 18 July 2022, where the 2022/23 Annual Plan, Budget and rates were considered and adopted.

The rates are set on the new property values, which have generally increased substantially since the last valuation in 2106. Industrial and commercial properties have not increased to the same extent as residential and rural properties, which made the setting of rates very difficult.

To assist ratepayers, Council agreed that unless a property has been revalued because of improvements, the maximum rate increase will be 6.2%. Council will also offer a discount of 1% where rates are paid in full by 31 August 2022.

The development of the Annual Plan and Budget has certainly not been without its challenges, and as always, meeting our community’s expectations and Council’s capacity to fund projects is a balancing act.

Delivery of the Annual Plan and Budget continues to frame and secure Latrobe Council’s financial viability moving forward. In setting the general rates, Council has budgeted a 6.2% increase in line with inflation and Council’s Financial Management Strategy.

An expected 2.5% increase in rate revenue from the continued growth within the municipality is also a component of the budget strategy.

The funds received from the extra growth have been allocated to fund planning for the future, including studies on stormwater management, planning, public open space, and a Latrobe CBD Master Plan.

The budgeted result is for a relatively small underlying surplus of \$48,500.

It is pleasing that Council can budget for an underlying surplus despite the rising costs of providing services, many of which are well above the CPI inflation rate.

The additional cost of servicing the loan associated with the construction of the Latrobe Flood Mitigation Project and the Latrobe Hydrotherapy Pool’s operating costs have been included. Major Works listed in the Capital Works Program for 2022/23 include:

- Squeaking Point Road (Frankford Road to Appleby Road) - reconstruct and widen 1.3km of rural road where possible and practical, \$600,000
- Tarleton Road- Localised Reconstruction, \$386,000
- Upgrade Darling Street as part of Port Sorell Caravan Park entrance redevelopment, \$200,000
- Design and implement a solution to flooding issues near Sankey Street/Hawley Esplanade junction, \$800,000
- Upgrade the Port Sorell Main Road / Alexander Street existing roundabout town entry to improve amenity, including the installation of kerb, improved drainage, and vegetation, \$222,000
- Bells Parade to River Road Pathway - Link to Coastal Pathway, \$96,000
- Footpath/cycling track along the foreshore of the Hawley Esplanade, \$956,000
- Stormwater
- Latrobe Flood Mitigation Project - 2022/23 stage, \$9,267,000 (total project budget now in the order of \$15m).
- Buildings
- Banksia Facilities redevelopment - 2022/23 stage, \$3,865,000.
- Latrobe Recreation Ground facilities Redevelopment - 2023 stage, \$1,993,020
- Port Sorell Caravan Park Refurbishment, \$1,870,000
- Alberta Street land development works, \$582,000

As always, Council continues to deliver on the provision and maintenance of parks, playgrounds, roads, and reserves across the municipality.

# BUSINESS UPDATES FROM THROUGHOUT THE LATROBE COUNCIL AREA

## LOOKING FOR BUSINESS ADVICE?



Digital Solutions provides one on one mentoring in an area of your choosing!

This program closes to new clients on 30 September 2022.

We can help you with:

- Social Media
- Websites
- Cashflow
- Branding
- Search Engine Optimisation
- Marketing
- Digital Safety and more

Don't hesitate to book your coaching session now! Have questions or want to book a session, call Anna at Switch Tasmania on 03 6408 7005.

She will take you through your options and what would be most suited to you and your business needs and book you with one of our experts.

Alternatively, email

info@switchtasmania.com.au for Anna to send you more information.

The Digital Solutions program is an initiative of the Australian Government managed by Switch Tasmania in partnership with The van Diemen Project and In-Tellinc.

## TRIBE CONNECTIONS WELLNESS

The Tribe Connections Wellness Centre is now open seven days a week offering a wide range of workshops and classes from Yoga to Candle making and much more. Tribe Connections will offer weekly regular classes as well as many varieties of versatile classes, workshops, and programs.

Come and enjoy Yin Yoga and Singing bowls Thursday nights, Mums and Bubs Yoga on Tuesdays or Hatha Yoga every Sunday morning. A highlight in August and September will be the Women's Sharing Circles on Fridays or the Youth Hippy Sessions.

The Pink Butterfly Healings will continue by appointment and our regular Indoor Market will be held on the second and fourth Sunday of every month.

Our Workshops include Solfeggio Sound Healing Workshops, adult and children candle-making workshops, baby massage classes, flower crown-making workshops, Little Hearts for the children discovering sound and music, psychic mediums, psychic expos, goddess connection day retreats, drum-making workshop, and sound and dance workshops

And with more facilitators coming to us there will be more coming!

If you want to know what's on offer you can sign up for our monthly newsletter, or pop into the shop and grab our monthly calendar of events. Call Mandy on 0456

007 421 or call in and visit us at 187

Gilbert St, Latrobe

## THE CROWDED LOUNGE

As we finally get past winter, September brings a Group Art Exhibition of work by our art students, showcasing a selection of the different mediums that our students have or are mastering, from watercolours to acrylics and mixed media. Artworks will be by students who attend our Seniors, Beginners, or mixed art classes held weekly at the Crowded Lounge. In October, the spring exhibition *Rejuvenation* by Ros Barnett - bold works on canvas and a celebration of colour and energy. Be sure to drop into the Crowded Lounge to feast your eyes on local artistic talent, peruse our merchandise, or have a cuppa and scone.



## PROTECT YOUR BUSINESS AGAINST FRAUD

Scams targeting small businesses come in various forms - from invoices for advertising and directory listings that were never requested to dubious office supplies that were never ordered.

Small business scams are becoming increasingly sophisticated, and scammers will go to great lengths to convince you that the documents they send you or the offers they make are legitimate.

Scammers can easily copy or modify letterheads, names and logos to make them look real or set up a professional-looking but fake website. Scammers can even gain access to your supplier's email account and intercept emails without either of you realising.

Scammers recognise that small business operators are busy and have fewer resources than large businesses, so they aim to take advantage of that.

The Australian Competition and Consumer Commission's Scamwatch website has very simple and straightforward resources for you to review to help protect your small business.

Some recommended pages are:

- How scammers con small businesses
- Common scams targeting small business
- Protect yourself
- How to spot a fake

Source: *Business Tasmania*

## KALIBA

KaLIBA represents and supports every business across the Kentish and Latrobe municipalities with free and paid memberships

**Be Successful** - With business support, expert advice, education, promotion, lobbying, networking, development projects, and mentoring.

**Be Seen. Buy Local. Sell Local** - Promote your business for free in the Kentish and Latrobe online directory.

**Be Involved** - Attend KaLIBA functions, read the regular e-news bulletins, and tell us the support programs your business needs.

Business benefits and support include:

- Education and networking events
- Local online business directory
- Regular business bulletins
- Promotion and advertising
- Lobbying your issues to the government

**Expert Advice** - Free one-on-one professional advisors are ready to help by phone or by visiting you on any business topic, including:

- Digital marketing and cyber security
- Staff, hiring and disputes
- Wages, awards, and conditions
- Business plans and risk analysis
- Red tape and regulatory issues
- Mental health and resilience

KaLIBA is here for you.

**Let's Talk.** Contact KaLIBA to arrange a discussion with our executive or a local board member at 0402 636 769 or [contactus@KaLIBA.org.au](mailto:contactus@KaLIBA.org.au).

## KALIBA IS REACHING OUT!



Flexible, paid, part-time work from home is available now. Attractive hourly rate, work from home, and flexible hours.

Business Outreach Officers are needed to phone Kentish and Latrobe businesses to get up-to-date contact information for the free online Local Business Directory, which is being developed.

Thanks to state government funding, the Kentish and Latrobe Independent Business Association is offering paid work for people to reach out by phone to every business across the two municipalities. This is not a sales role. You are being paid to provide a free service on behalf of the not-for-profit KaLIBA to help and support local businesses.

All you need is a mature and empathetic phone manner, the ability to work without supervision, access to a computer and internet, and a genuine desire to help local businesses.

Email: [gordon.williams@kaliba.org.au](mailto:gordon.williams@kaliba.org.au) to find out more.

## WANT A SEAT AT THE TABLE? RUN FOR LOCAL GOV'T.

The upcoming Local Government elections will be held in September and October 2022.

Tasmanian councils are the closest level of government to the community. They are responsible for representing the interests of their communities and delivering local services and infrastructure.

Becoming a councillor allows you to influence local decisions and make a long-term, positive difference in your community. Strong and effective councils reflect the diverse communities they serve.

## Want a seat at the table?



To nominate and vote in the local government elections, you must enrol with the Tasmanian Electoral Commission (TEC). To find out if you're enrolled to vote, you can check your enrolment details on the Australian Electoral Commission website [www.aec.gov.au](http://www.aec.gov.au) or by contacting the AEC office on 132326. For more information on the Local Government elections, including how to nominate, visit the Local Government Assoc of Tasmania (LGAT) website at <https://www.lgat.tas.gov.au/council-elections> or contact 6146 3740. Changes to the legislation earlier this year mean that voting in local government elections is now compulsory.

Important dates to note for the 2022 election are:

- Notice of elections – 3 September 2022
- Candidate nominations open – 5 September 2022
- Candidate nominations close – 19 September 2022
- Polling period (at least) 3-25 October 2022\*
- Closing day – 25 October.

\* The polling period may be extended by the TEC.

## COUNCIL TO LOBBY FOR SERVICE TAS CENTRE

The state government has said it has no plans to open any new Service Tasmania centres, despite the Latrobe Council lobbying for one in its town. At the July meeting, the Latrobe Councillors unanimously passed a motion to investigate the potential of obtaining a Service Tasmania centre in the town. However, a Department of Premier and Cabinet spokesperson said the state government remained committed to delivering services through the 27 centres around Tasmania. A department representative noted that the North-West region is well served, with the Devonport service centre a 10-minute drive from Latrobe.

Latrobe Councillor Garry Sims was the one who put forward the motion for a Service Tasmania centre at the meeting. "I've got phone calls from residents saying, 'thank goodness somebody is standing up for us and going to lobby the government to have a Service Tasmania centre at Latrobe'.

"It's a requirement that our ratepayers need because the elderly and people with a physical disability must try to access one in a neighbouring town. People must conduct so many daily business

transactions through Service Tasmania," said Cr Sims.

Source: *The Advocate*

## CHOOSING TO WEAR A FACE MASK

While masks are mandated in some places, the voluntary wearing of face masks in other settings offers extra protection against the transmission of COVID-19.

Where you cannot physically distance, work in a public-facing role, or are vulnerable to COVID-19, wearing a mask provides extra protection.

Masks help reduce the possibility of being infected when coming into contact with infectious airborne respiratory droplets when an infected person speaks, laughs, sings, shouts, coughs, or sneezes.

Many people with COVID-19 experience very mild symptoms and may not be aware that they are sick and infectious. Face masks - along with other COVID-19 safe behaviours - considerably reduce the risk of transmission to others.

Keep a supply of masks at home for yourself and other household members as part of your COVID-19 Safety Kit.

You should also always keep a mask with you or easily accessible, as a mask could be required to be worn at short notice.

Source [www.coronavirus.com.au](http://www.coronavirus.com.au).

## HAND SANITISER

Council currently has a number of donated 20-litre drums of hand sanitiser to be given away. For more information contact the Council Depot on 6426 4444 to arrange pickup.

## SEEKING ASSISTANCE?

Are you seeking assistance with finances, food, housing, no-interest loans, or domestic violence? Visit [www.assistancetas.com.au](http://www.assistancetas.com.au) or [www.findhelptas.org.au](http://www.findhelptas.org.au).

## FUTURE OF LOCAL GOVERNMENT REVIEW

On 29 June 2022, the Local Government Board presented the Stage 1 Interim Report to the Minister for Local Government. The Report is now available to the public and can be viewed at [www.futurelocal.tas.gov.au/publications](http://www.futurelocal.tas.gov.au/publications).

Stage 2 engagement began with the release of the Interim Report. Moving forward, the Board will continue to undertake targeted engagement, research, and analysis, exploring the priority reform areas to develop reform options by the end of Stage 2.

During this period, there will be further opportunities to hear from everyone - keep an eye on the website and social media to stay up to date.

### Community Update

Almost 1,400 Tasmanians shared their thoughts on the future of our local councils. Through research and talking to people the Board came up with a list of the main challenges and opportunities for local government.

The role of councils has changed a lot over time – this means it is not always clear to the community when something is a job for councils or should be handled by other levels of government.

Councils are in the best position to understand what local communities need most and develop the solutions that will fix local problems.

Council staff and elected members work hard for their communities, but we heard that the way councils are set up makes it hard to attract and keep the people with the skills councils need. Tasmanians – especially those who live outside the cities – really value having local representatives they can trust to respond to their issues and concerns.

Based on this feedback, the Board has developed six 'priority reform areas'. These are the areas they want to look at in more detail in Stage 2 of the Review.

1. Defining Council's role in the 21<sup>st</sup> Century
2. Local representation and good governance
3. Strategic and regional capability
4. Efficient and effective infrastructure and service delivery
5. Sound and consistent planning and regulatory services to resolve the role council plays in planning.
6. Operational sustainability to get a clear and detailed picture of the current and projected financial position of all councils.

The Board wants to hear your thoughts and ideas. Head to [engage.futurelocal.tas.gov.au](http://engage.futurelocal.tas.gov.au) to participate or visit [www.futurelocal.tas.gov.au](http://www.futurelocal.tas.gov.au).

Source: *Future of Local Government Review*

## PORT SORELL FIRE BRIGADE

On Thursday, 1 September, six Port Sorell Fire Brigade members will make the journey to Melbourne to participate in the 2022 Fire Fighter Stair Climb. Participants will climb 28 floors carrying 25kg of kit to raise money for PTSD, depression, and suicide prevention. To donate, visit [www.firefighterclimb.org.au](http://www.firefighterclimb.org.au).



## PORT SORELL LIONS CLUB



**Raffles at the Resort** - Fridays, from 5:30pm to 7:00pm. Raffles at the Resort commenced in September 2016. Since

then, community-minded raffle ticket buyers have generously contributed over \$43,000 to 17 organisations including the Royal Flying Doctors Service, Just Like Jack, Andrew's Creek School, and Bob Bramley's *Beyond Blue: Surviving Turbulence*, the young man who flew solo around Australia in a Cessna 172M. Proceeds from the raffle are donated to nominated causes each quarter. The current recipient will be Paul's Kitchen. Raffle prizes are generously subsidised by the Shearwater Resort.

**Barbecue at Bunnings** - 30 October. Even though the price of a decent snag with onions and choice of sauce has gone up to \$3.50 (the first increase in 15 years) please support charities while shopping for hardware bargains.

### Recycle Shop

The Lions Club continues to work with Latrobe Council on re-vamping the tip shop at the Port Sorell Waste Transfer Station. In the future, the Recycle Shop will be relocated with a significantly increased footprint and weatherproofed facilities. Donated goods will be placed undercover, the area will be made safer for recyclers and Lions volunteers, and storage facilities will be more accessible.

## PORT SORELL SPRING FAIR

Once again, the Port Sorell Lions Club are holding our Fair on the grounds of the Port Sorell Primary School on Sunday, 23 October.

Gates open at 10.00am with several food vans, garden stalls, homemade cakes, arts and crafts, Devonshire tea, and face painting. The local Surf Club and Fire Brigade will also be attending. Once again, the Latrobe Federal Band and Gina Timms will be performing. The entry by a gold

coin, which is then donated to one of our clubs throughout our district. Hope to see you all there.

## LIBRARIES TASMANIA

Do you know someone who struggles with things like filling in forms, sending text messages, and reading to their children? Or maybe they'd like some help with getting their driver's licence, using their phone or laptop, or need help with numbers. If you know someone who ticks some of these boxes, or you are interested in becoming a volunteer to give someone a hand, please contact your local library. We are here to help.

At Libraries Tasmania, we're all about learning for life - we connect Tasmanians to knowledge, ideas, and each other through our libraries.

Devonport Library offers sessions to assist individuals in improving their digital skills. Digital sessions include opportunities for both skills development and an introduction to various technologies. The sessions are hands-on, and participants are encouraged to bring their own devices if they have them (we can provide them if participants don't have access) and are supported with take-home resources.

Staff and volunteers at Latrobe Library are also available to help with your digital devices and questions.

Drop into the library and pick up a copy of our What's On, visit the Libraries Tasmania website [www.libraries.tas.gov.au](http://www.libraries.tas.gov.au) or follow the Devonport Library Facebook page for details of upcoming local courses and events to help you get online.

## COURT HOUSE MUSEUM

The Court House Museum is presently closed for winter over the months of July and August, reopening on 1 September. The Museum will open Tuesday to Friday 1.30pm-3.30pm and is located right beside the Post Office on Gilbert Street.

The Property Manager Elizabeth Gleeson is stepping down from her position at the Museum after volunteering for seventeen years.

In retirement, Elizabeth would like to thank the Mayor and the Latrobe Council for their support over many years, and her many dedicated volunteers. Her husband William is also retiring, after 16 years as a volunteer responsible for data entry and retrieval. The Gleesons were a wonderful team!

Elizabeth would also like to thank the many local citizens who have contributed or lent items and photographs to the permanent collection.

She will miss the Museum but will take away many happy memories of school visits, Anzac Day exhibitions, Open Days for Winterfest, the Wesley Vale Pulp Mill exhibition, and the current Wheel Race

display. Elizabeth encourages everyone to visit their local Museum and to recommend it to their friends and visitors.

## RUBICON COMBINED PROBUS CLUB INC.

The 30<sup>th</sup> birthday of the Rubicon Combined Probus Club is to be celebrated on Wednesday, July 27 with a 12.30pm luncheon at the Devonport Country Club Function Centre. Several Foundation Members will be attending.

Rubicon Probus Club offers friendship and fun to retired or semi-retired men and women through social outings, bus trips, and many interesting guest speakers. No fundraising. Joining fee is \$10. Annual subscription is \$20. Monthly attendance fee is \$5 (includes morning tea and lucky door prizes).

Meetings are held on the fourth Wednesday of each month at 10.00am at the Port Sorell Golf Club. Membership is not limited to the Port Sorell area. For more information contact Secretary 0427 261 224 or President 0409 965 341.

## DEVONPORT POULTRY CLUB

The Devonport Poultry Club's primary goal is breeding and improving purebred poultry. Due to the sale of the Devonport Show Grounds (after 70 years), DPC needed to relocate. 700+ show pens are now housed on a temporary basis in farm sheds at Ellis and Lorna Dick's property in Wesley Vale. Ellis and Lorna (Life Members) cleaned out a large farm shed which took some months, while club members were busy with working bees, removing the pens and packing all of the club's memorabilia from the George Harding Pavilion.

Before the Open Show (June 25) many regular working bees were held to ensure the pens were repaired and painted. The dedication from DPC members was amazing and when show day rolled around all the pens in the showing shed (220 entries) were filled. Inaugural show judge Waratah Wynyard Mayor Robby Walsh congratulated members on the work and praised the excellent standard of the birds.



A great day was enjoyed by everyone, catching up with friends in the sunshine, talking birds, and enjoying cakes and a steak sandwich.

The DPC is always welcoming and looks forward to assisting new members, (regardless of age or experience). For further information please contact [bradyrobins15@yahoo.com](mailto:bradyrobins15@yahoo.com) or Lorna Dick at 03 6428 4975.



## FAMILY HISTORY SOCIETY



Tasmanian Family History Society Inc. Mersey Branch invites members and visitors to the library for Seniors Week, 17-23 October,

from 10am to 3pm on Wednesday and Friday. Special help will be available for newcomers as well as 'old hands'.

For any enquiries contact Secretary Sue-Ellen 6428 6328 or Ros 0476 008 531

## LATROBE HIGH SCHOOL

The Latrobe High School Association has been awarded \$50,000 for Connecting Bikes for Kids project, which includes a new bike shed, supervision and safety equipment. Connecting Bikes for Kids is one of 41 projects supported through the Premier's Fund for Children and Young People.

## LATROBE ROTARY CLUB

Latrobe Rotary Club will be busy in September and October. We have a Bunnings Sausage sizzle on Saturday, October 8 and 1970's ABBA Themed Trivia night on October 22.

To book phone Carolyn McLennan on 0417 386 191 or call into the Salon at shop 2/135 Gilbert Street, Latrobe. Get out your high boots for best dressed and make up a table of eight. Rotary will be making the community awards towards the end of October.

Want to help make a difference in our community? Then ask about joining us. We are looking for community-minded people. We meet on the first and third Wednesday of the month at the Hamilton Hub. If you want to know more about us or becoming a member, please call Secretary John on 0457 883 006 or Membership Director Peter on 0404 871 137.

## SASSAFRAS COMMUNITY HALL

The Sassafras Community Hall Association is looking for war veteran photographs of people listed on the Methodist Church Honour Board for World War I. Surnames include Freer, King, Saunders, Bauer, Bray, Burgess, Burk, Coombe, Craigie, Dell, Dowling, Hall, Maddox, Marshall, Murphy, Parker, Roebuck, Steers, Sykes, Tregonning, Viney, and Wright. The photographs will be displayed over the November long weekend from Saturday, 5 November to 7 November 2022. There will be a wartime songs concert by 'In the Groove' musical group on Sunday, 6 November 2022. If you are able to assist in our search, please contact Rosie Marshall via email at [rvmarsall3@bigpond.com](mailto:rvmarsall3@bigpond.com) as soon as possible so copies of the photographs can be made for the display. For more information about the concert, contact Dianne 0409 907 281 or Annabel 0429 314 989.

## LATROBE CROQUET CLUB

In July, one of our novice members, Lis Brown, won the Tasmanian Novice Championships at the Northern Croquet Centre in Launceston. Lis has only been playing for a little under a year, so this was indeed a great achievement for her. In August, the club will be hosting the Tasmanian Classic, a golf croquet competition. We are one of the few clubs to have four lawns which enable us to host state competitions. These tournaments bring in players from all over the state and go a long way to promote the town as well as our club.

If you would like to try croquet, the first three lessons are free and all equipment is supplied, we only request that you wear flat-soled shoes. We play every day except Friday and Sunday from 10am onwards. So, give Chris a call on 0499 990239 and he will arrange for a coach to introduce you to this fun game.

## PORT SORELL TENNIS CLUB

Court Hire made easy! Playing tennis at Port Sorell Tennis Club is now as easy as scanning a code.

Our new online booking system is ready to use and only takes a few steps.

1. simply scan this QR code



2. Choose when you want to play
3. Enter your name and some contact details
4. Pay by card

A PIN code will be sent to your phone that can be entered into the new Igloohome Bluetooth padlock on the gate. No more fetching keys from shops and paying deposits. For more information, visit our website

[www.play.tennis.com.au/portsorelltennisclub](http://www.play.tennis.com.au/portsorelltennisclub)

## PORT SORELL BOOK CLUB

"Die Wise" is a book written by Stephen Jenkinson. With stories from two decades of working with dying people and their families, the author teaches that dying well is the moral, political, and spiritual obligation of each person. To explore this subject with others who also may not live forever, contact the Port Sorell Book Club on 0491 932 360.

## REEL KEEN FISHERMEN

Well, it's on again! The Reel Keen Fishing event at Port Sorell is even bigger with more stalls, and live music by the magical voice of Gina Timms. Tuna has been added as a new competition entry this year – Tuna, Fish and Squid. There is a major raffle, cash and prizes up for grabs. The event will be held from 19-20 November. Thank you once again to Latrobe Council

for sponsoring this event. Watch for posts and updates on Reel Keen Facebook page and events page.

## THE LITTLE GALLERY

We were honoured to host Paula Speight of Portsy Clay for Windows in June; a Tasmanian Ceramics Association celebratory exhibition for their 50th Anniversary. 19 members had solo exhibitions in different windows across the state for the month of June.

Paula's work is a delicate porcelain, lovingly hand-built, embossed, and painted with delicate stains in a Japanese technique.

We have a selection of Paula's work, ceramics, and original prints in the gallery. She has recently made the transition to full-time artist.

The Tasmanian Ceramics Association (which began as the Potters' Society of Tasmania) is a non-profit organisation led by volunteers from the ceramic community. The Little Gallery's goal is to bring Emerging Local Arts to the community and has different Window feature every month.



*Windows in June – Paula Speight*

## PORT SORELL GOLF CLUB

The Port Sorell Golf Club will be holding their Annual Car Park Sale on Saturday, 12 November 2022, from 8.00am till 2.00pm.

You will find produce, books, plants, raffles, a Sausage Sizzle, bric-a-brac, homemade cakes, preserves, and Christmas puddings.

## LATROBE APEX CLUB

Latrobe Apex Club will be holding the annual Truly Tasmanian Craft Exhibition and Sale over the weekend of 5-7 November on Saturday and Sunday, from 9am to 4.30 pm and Monday, from 9am to 3pm. Entry is \$5 for adults and \$2 for children aged 5 to 16 years.

The Exhibition will be held at the Latrobe Memorial Hall and marquees on the grounds.

We have a great range of crafts ranging from woodwork to children's clothes, jewellery, jams, beautiful pictures made from rocks, photography, and much, much more. What a great way to start your Christmas shopping, and all the items are Tasmanian-made.

Follow us on Facebook under Truly Tasmanian Craft Exhibition & Sale.

## WOMEN'S BIG BASH LEAGUE GAMES COME TO LATROBE

The Latrobe Cricket Club is extremely excited and proud to have been awarded the opportunity to host two games of the T20 Women's Big Bash League.

The games will feature the Hobart Hurricanes and the Melbourne Stars on November 15th and 16th at the Latrobe Recreation Ground.



Both sides will have players of international stature playing; what an opportunity for lovers of sport and women's cricket, to be able to see live action at our local ground! This is a wonderful achievement for a rural community.

Kim Bennett, President, Latrobe Cricket Club said,

"This is an absolute credit to our Council and in particular, Jason Sims and the Green Spaces team in keeping the ground in a high-quality condition that gives our sports people the confidence to deliver their best game.

### HOW CAN CYCLISTS HELP WITH SAFE PASSING?



Tasmanian drivers are required to provide 1m or 1.5m space when passing a cyclist.

However, there are still many drivers who do not know the law. We need your help to spread the word! What can cyclists do on the road?

#### Be visible

We encourage riders to wear bright contrasting colours by day and reflective strips in low light on the parts that move the most, i.e., legs, feet, or ankles. Reflective trim on your wheels and tyres can also help at night by emphasizing the distinctive movement of someone driving a vehicle.

#### Make your intentions clear

We encourage cyclists to make their intentions clear, so other road users know what they're doing.

This means using clear and visible hand signals when turning, stopping, or changing lanes, and it also means maintaining a straight line before you turn while indicating.

#### Be conscious of what's happening around you

If you are riding two abreast and uphill, we encourage cyclists to consider returning to single file to allow cars to overtake.

Remember to be aware when you are travelling on the roadway. Ride or drive, we all deserve to Arrive Alive.

### SUN SMART

Spring is the time everyone takes off a layer or two to enjoy the warmth that's been missing over winter. But it's important to remember that the ultraviolet (UV) levels can reach damaging levels from early August. Warmer days bring with it the risk of skin damage, even on cloudy days, so it's important to be SunSmart whenever outside at this time of year and slip, slop, slap, seek and slide.

Source: Cancer Council

These events follow on from Latrobe Cricket Club's recent hosting of both Summer and Winter Grand Finals as well as a Semi-Final for the Greater Northern Raiders at the Latrobe Recreation Ground.

The Latrobe Cricket Club is also looking to continue its close collaboration with the Latrobe Football Club in the organisation of this exciting venture, sharing catering and other organisational arrangements.



This will be a must-see event for our whole community. Businesses will also benefit from the national exposure and influx of visitors. Cricket Tasmania will later announce

arrangements for school participation as well as coaching clinics for secondary school girls.

Tickets to the Weber WBBL|08 matches will be available via pre-sale on August 16 and available to the public from August 18.

### SMOKE FROM FIRES

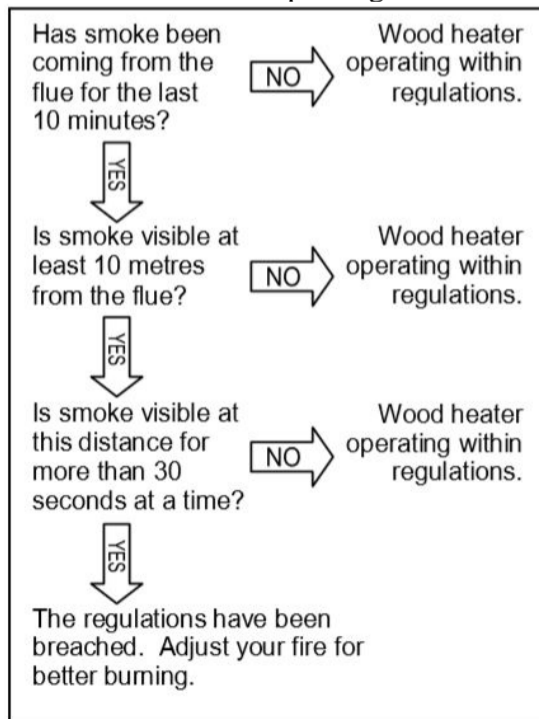
Smoke from wood heaters, fireplaces, and outdoor vegetation burns can contribute to high levels of fine, airborne particles. Higher concentrations of these particles are known to increase the community's incidence of heart and lung diseases.

Please ensure correct fuel is used on your wood heater or fireplace. Check that the chimney is not emitting a smoke plume of 10 metres or more for 10 minutes or more. The amount of smoke a fire makes depends on how much oxygen is available, how hot the fire is, how green/seasoned the wood is, whether you have just started the fire, or whether it is established.

The correct fuel is important, but some items are prohibited from being burnt. Some of these items are plastics, linen, foam rubber and polystyrene.

Please ensure these items are never burnt in your fireplace, outside in an incinerator or added to a vegetation burn. The potential health impacts of burning these products are severe for yourself and your neighbours. Fines may be issued by Council officers if detected.

Further information can be found on the EPA website - [www.epa.tas.gov.au](http://www.epa.tas.gov.au)



Source: EPA

### COMMUNITY FIRE SAFETY

Tasmania Fire Service provides a range of free residential fire safety programs, resources and supports to the community, health, and housing workers and volunteers to assist their clients, or tenants, who are at an increased risk of being a home fire casualty. These free services include Fire Safe at Home, Residential Hazard Notification, Fire Risk Management Training, Person-centred home fire risk assessment as well as other free fire safety publications.

For more information phone 6166 5606.

### TREE PLANTING DAY

National Tree Planting Day is an initiative by Planet Ark aimed at promoting environmental awareness, and community tree plantings around Australia. Since its conception in 1996, 26 million trees have been planted on National Tree Planting Day.

This year, Latrobe Council partnered with Port Sorell Primary School to plant eight She-Oaks in Panatana Park. Cr Sommer Metske, on behalf of the Tree Planting Committee, organised the event to provide an opportunity for students to learn about Council's role in looking after our trees and how they too can play a role in enhancing our Green Spaces.

Approximately 30 students and teachers from the school's Green Team attended the Park on a beautiful winter's day and assisted in planting and staking, and unofficially naming, the trees.

### TASMANIAN MASTERS GAMES

Registrations have opened for the Tasmanian Master's Games, which will be held on the North-West Coast in October. The four-day multi-sports festival will cater for 25 sports and is expected to attract more than 1000 participants. The games will cater for sports including wheelchair basketball, athletics, swimming, basketball, mountain bike riding, woodchopping and pickleball. Register as an athlete or a volunteer via the Tasmanian Master's Games Facebook page.



## LATROBE BOWLS AND COMMUNITY CLUB INC

In 2022, the Latrobe Bowls Club was very proud of the achievements of Erin Moore who was named in the 2022 open Tasmanian Women's Team. Tasmania played Victoria in a test series in Melbourne. Not only did the Tasmanian Ladies team win but Erin was named "Player of the Series".

At the end of season Presentation Night on Saturday, 7 May, President Wayne Jaffray welcomed our members and sponsors and spoke on the Club's success. In the Thursday Ladies Pennant, two divisions finished in the top four. In the Open Saturday Pennant, five divisions finished in the top four.

From this, we were successful with three divisions achieving a premiership. In the Saturday Open pennant, Divisions 1 and 3 were successful with Division 3 travelling to Hobart and winning the State final. Division 1 in the Thursday Ladies pennant was also successful.

As Saturday is an Open competition (meaning both men and ladies are eligible to play), three of our members not only won two premierships with our Club but went on to win a state title as well. Congratulations to Mary Beaumont, Vick Fagan, and Jenny Stevenson. Erin Moore and Jill Silvey are also to be congratulated on their premierships in Ladies Thursday Division 1 and Open Saturday Division 1.

During the year our Club celebrated its 100<sup>th</sup> season, and Club stalwart Greg Douce celebrated his 50<sup>th</sup> year of playing lawn bowls. Greg won a silver medal in the 2021 Fours Champion of Champions, played in Broadbeach with team members Tim Douce, Mathew Mitchell, and Chris Murray. Our Club was also

well represented in Statewide Senior and Open competitions during the season. The annual Kings Meadows trip organised by Greg Douce was held on Sunday, 28 August.

The AGM was held on 29 May. Wayne Cole was elected as President and Jenny Stevenson as Secretary. The Treasurer's position is vacant so if there is anyone out there interested in this position, please contact the Club.

Next season's rosters are not completed yet, but our greens should be open at the end of September. Corporate Bowls will commence on 28 October. New members are always welcome. For further information contact Greg on 0458 539 550.



North-West Bowlers Taelyn Male, Mark Nitz and Erin Moore named in the 2022 Tasmania open men's and women's teams.

Pictures: Bowls Australia/The Advocate

### WHAT TO DO IF YOU FIND

#### INJURED WILDLIFE



Contact Bonorong Wildlife Rescue on 0447 264 625 (all hours). Bonorong Wildlife Rescue is a privately run, volunteer-based rescue

service operating Tasmania-wide.

These four steps will increase the chances of successful release back into the wild:

- Keep the animal in a warm, dark and quiet place
- Do not feed it anything (this can do more harm than good)
- Keep handling to a minimum
- Keep away from people and domestic animals

Depending on the circumstances of the animal there are a few steps that could happen next:

- A trained volunteer wildlife rescuer will contain the animal
- The animal will be transported to a veterinary clinic for assessment
- The animal will be placed with an experienced wildlife rehabilitator

Members of the community may be asked to hold wildlife for short periods, or even overnight, while the above steps can be arranged.

It can be tempting to care for the animal yourself, however, it is best looked after by an approved wildlife rehabilitator with the experience, skills, capacity, and appropriate facilities to rehabilitate it for release back into the wild.

Source: NRE

### SPRING PLANTINGS

Although September is the traditional start of spring, October is the beginning of Tasmania's spring and is the ideal month for sowing or planning summer vegetables. However, vegetables can be easy to grow year-round as long as you plant varieties suited to the season. *September:* Gardeners have the urge to get outside to prune, plant and feed their garden. Take care though, as in many areas it is still risky to plant out frost-sensitive plants such as tomatoes, but they can be planted in seed trays or pots ready for planting into the veggie garden when the threat of frost has passed.

What to sow and plant this month:

Artichoke (suckers), Asian greens, beetroot, broad beans, cabbages, capsicum, carrot, celery, deciduous fruit trees



(potted plants), English spinach, herbs, kohlrabi, lettuce, mustard, onions, parsnip, peas, potato (tubers), rhubarb (crowns), shallots, silverbeet, spring onion, strawberry, swede, sweet corn, tomato, turnips.

*October:* By October, air and soil temperatures are warming and days are longer, making it an ideal time to plant seeds, seedlings, and potted plants. Water new plantings well when times are dry.

What to sow and plant this month:

Artichoke (suckers), Asian greens, beans, beetroot, brussels sprouts, cabbage, cape gooseberry, capsicum, carrot, celery, citrus (pots), cucumber, eggplant, herbs, kohlrabi (seedlings), leeks, lettuce, marrow, melon, mustard, okra, parsnip, potato (tubers),

pumpkin, radish, silverbeet, spring onion, sweet corn, tomato, turnip, zucchini.

Source: Jennifer Stackhouse – *The Examiner*

### FOXGLOVE: WHAT TO DO

#### ABOUT IT



Foxglove (*Digitalis purpurea*) is an environmental weed that appears to have spread rampantly in recent years,

popping up in new locations and blanketing many exposed areas.

Though it is likely impossible to eradicate the weed, it is still very important that landowners and land managers control it and reduce its spread.

The focus should be on stopping foxglove from spreading to areas with high conservation values, like intact native vegetation, reserves, and national parks.

Control methods include:

- wear gloves as the entire plant is poisonous
- grow alternatives (especially natives) in your garden
- hand pulling is possible if plants are starting to appear, if flowers and seeds are present, cut off the top and bag for removal or burn before pulling out,
- mulch can be effective in smothering seedlings
- foliar spray - Glyphosate is registered in Tasmania for foxglove use. Always check herbicide labels before use.

Source: CCA Coastlines

## LIONS TASMANIA CELEBRATES 75 YEARS



"WE SERVE" is the motto of Lions International and this year the Lions of Tasmania celebrates 75 Years of

Service in Australia. Throughout that time Lions have served throughout the 1966 bushfires, floods up north and bush fires on the east coast.

The Lions Clubs of each municipality contribute an exceptional number of hours each month both manually and through

donations to many requests and projects, and while we are visible selling sausages and Christmas Cakes it is only part of the service work we do.

Lions support thousands of community projects, major research projects and, research and support medical research, environmental work, and emergency disaster relief.

Lions Foundations include the Lions Australian Diabetes Foundation, Australian Lions Childhood Cancer Research Cancer Foundation, Lions Children's Mobility Foundation, Lions Eye Health Program, Lions Hearing Dogs, and Australian Drug Foundation.

Lions have provided over \$4.6 million for Bush Fire relief and over \$3 million so far

to the floods of New South Wales and Queensland from the Australian Lions Foundation.

We are proud that this year Lion Paul Carnduff was elected District Governor for 2022-23. He is a member of the Kingsborough Lions Club and part of Paul's role is to visit the 48 Lions Clubs across Tasmania and many other duties throughout his term of Office. Paul is ably assisted by Lions Lady Mary - together they make a great team.

Lions are members of your community giving their time, labour, and means to the local community. They do sell sausages and Christmas Cakes and Puddings, but they do a lot more.

### FINDING WAYS TO AVOID, REDUCE AND REUSE WASTE

Tasmanians are pretty good at recycling and although this is a great way to keep waste out of the landfill and environment, there are many other things we can all do to be good sorts and decrease waste.

It's important that we try to find ways to reuse and reduce waste, or best of all to avoid generating waste altogether.

Are there more things you could be doing to rethink waste?

Avoid waste:

- Take your own shopping bags
- Choose unpackaged food and products

- Take your travel mug for your next coffee

- Refill your drink bottle in place of packaged water

- Use containers for storing leftovers

- Say no to plastic straws.

Reduce waste:

- Reduce your food waste by shopping smart, buying what you need, and composting food scraps.

- Choose and maintain household items that will last or can be repaired

- Skip individually wrapped items.

- Borrow or hire instead of buying if you only need an item for a short time.

Reuse waste:

- Post unwanted items online for sale or giveaway, or hold a garage sale

- Treasure hunt for pre-loved items before buying new

- Find new uses for everyday items, such as sewing old clothes or fabric items into reusable bags.

Remember to be a good sort and avoid, reduce, reuse and recycle waste.

Source: *Rethink Waste*

## COMING EVENTS

COVID-19 safe requirements continue to be in effect. When attending an event, please comply with COVID requirements as directed by the event host.

### SEPTEMBER

- 1 Footy Colours Day**  
www.footycoloursday.com.au
- 3 Unlikely Suspects** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.
- 4 Father's Day**
- 4 Fathers Day Live Music** at Shearwater Resort. 17-23 Shearwater Blvd, Shearwater from 12 noon – 3.30pm
- 5-11 Women's Health Week**  
www.womenshealthweek.com.au
- 8 R U OK? Day** Visit www.ruokay.com for more information.
- 10 Lyrebirds** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.
- 12 Latrobe Council Meeting** at 170 Gilbert Street, Latrobe from 5:00pm. Attendance registration essential to 6426 4444.
- 17 Chapter V** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.
- 19 Talk Like a Pirate Day**
- 24 Brett Collidge** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.

### OCTOBER

- 1 WD40's** performs at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.

- 2-8 Mental Health Week** www.mhct.org.

- 8 Rotary Club Sausage Sizzle** at Bunnings, Homemaker Centre, Devonport. 0457 883 006

- 8 Ironcliffe** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.

- 10 Latrobe Council Meeting** at 170 Gilbert Street, Latrobe from 5:00pm. Attendance registration essential to 6426 4444.

- 15 Scott Lewis** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.

- 21 Live Music** at Shearwater Resort. 17-23 Shearwater Blvd, Shearwater from 6pm – 9.30pm

- 22 Smooth C's** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.

- 22 Abba Themed Trivia Night** with Latrobe Rotary Club. Latrobe Memorial Hall from 6.30pm. 0417 386 191.

- 23 Port Sorell Spring Fair** with Port Sorell Lions Club at Port Sorell Primary School from 10am – 2.30pm. 0419 162 691.

- 28 Bon Jovi Forever – The Australian Bon Jovi Show** at Shearwater Resort. 17-23 Shearwater Blvd, Shearwater from 8.30pm-10.30pm. Tickets \$35 via Oztix.

- 29 Angel & Connor** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.

- 30 Port Sorell Lions Club Sausage Sizzle** at Bunnings Devonport. 0419 162 691.

### NOVEMBER

- 5 Adapt** perform at Mackey's Royal Hotel Bar, 161 Gilbert Street, Latrobe from 8.30pm.

- 5-7 Truly Tasmania Craft Exhibition and Sale** Saturday and Sunday, from 9am to 4.30 pm and Monday, from 9am to 3pm at Latrobe Memorial Hall. Entry \$5 adults and \$2 children under 16.

- 6 Latrobe Federal Band's 150<sup>th</sup> Anniversary Dinner.** RSVP's essential to 0408 262 187 or 0407 309 511

- 12 Port Sorell Golf Club Annual Car Park Sale** at Port Sorell Golf Club, Shearwater Blvd, Port Sorell from 8am – 2pm.

- 14 Latrobe Council Meeting** at 170 Gilbert Street, Latrobe from 5:00pm. Attendance registration essential to 6426 4444.

- 15-16 Weber Women's Big Bash League Match Hobart Hurricanes vs Melbourne Stars** at Latrobe Recreation Ground, Last Street, Latrobe. Contact info@crickettas.com.au for ticket information.

## WHEN THE GOING GETS TOUGH

Have you ever faced the death of a loved one, a marriage breakdown, relationship difficulties, health issues, financial issues, difficulties with your children and/or elderly parents, bullying etc.?

I can guarantee that you said Yes to at least one of the above. We all experience tough times in life, and at times, it can feel as if the whole world is collapsing in on you. Life can hand us some curveballs, and no one can have it all together all the time.

Think of it this way. What do you do when you notice that your tractor or vehicle isn't running well? Do you ignore the problems and hope they fix themselves? Or do you pull over and check out the issue? Do you regularly maintain your vehicle? Do you rotate your tyres and ensure they have the right amount of pressure in them? Do you ensure the radiator has enough water? Do check the oil?

We are no different to our vehicles. That means that there are things we can all do to keep us on an even keel, even when life is really rough. Here are some of our favourite wellbeing actions:

- Stay active (working outdoors, walking the dog, taking the kids to the park, playing a sport etc.)
- Take control of the things within your control (finances, physical ailments, etc)
- Make space for downtime, friendships, and family
- Eat a healthy, balanced diet
- Find time to laugh
- Surround yourself with positive and kind people
- Get a good night's sleep – Regularly!

So, what happens if you keep ignoring the signs that you're struggling with your mental health and wellbeing?

Well, to be honest, you wouldn't be the first person to try this. Unfortunately, the ripple effects get larger and larger, the longer we keep ignoring, minimising, or pushing away our painful experiences.

Over time, stress and pressure will manifest in physical issues such as pain, heart disease, digestive issues etc... The decision is ultimately in your hands.

### MEMBERS SOUGHT FOR ADVISORY COMMITTEE

Following the completion of a review of the Port Sorell Advisory Committee's (PSAC) Terms of Reference and adoption in 2021, the new Committee appointments commenced in February 2022.

The role of PSAC members is to consult with the community (or organisations they represent) on the development of the Port Sorell, Hawley and Shearwater areas.

This can be on topics referred to the committee by Latrobe Council or issues that the representatives raise.

Members are not required to initiate or undertake a project but rather participate in discussion on issues resulting in making informed recommendations to Council.

It is not guaranteed that Council will endorse such recommendations all the time, but generally, this is the case.

PSAC provides a valuable conduit to consulting with the broader community and has extensive representation from:

Latrobe Council represented by Mayor Freshney and Cr Shayne Allison, with Cr Sommer Metske as proxy.

Tasmania Police

Community Nomination: Paula Weeks

Rubicon Coast and Landcare Group: Ritta Boevink with Mary Buchanan as proxy

Rubicon Club: Jo Norris with Jan Dicker as proxy

Port Sorell History Group: Russell

Townsend with Rob Bramich as proxy

Port Sorell Lions Club: Wanda Carmichael with Reuben Newman as proxy

Port Sorell Surf Life Saving Club: Haydon Coates

Rubicon Enhancement Volunteers Inc: Ralph Brinkmann with Jan Dicker as proxy

Port Sorell Tennis Club: Jan Dicker with Brendan Sullivan as proxy

Port Sorell Golf Club: Kevin Wescott with Joy von Schill as proxy

One representative nominated by business interests, one nominated by tourist, as well two youth representatives (15-24 years of age) are still being sought.

If you are interested in filling one of these vacancies, please contact Council on 6426 4444 or email [council@latrobe.tas.gov.au](mailto:council@latrobe.tas.gov.au) for further details on the nomination process.

Port Sorell Bowls Club, Thirlstane Golf Club, Port Sorell Men's Shed, Port Sorell Primary School, and Rubicon Probus Club are yet to advise their nominee's details.

### MAKING YOUR HOME MORE ENERGY EFFICIENT

Energy costs are a big part of our household budget and many of us find it difficult to lower our bills without sacrificing comfort or convenience. But by working to reduce energy wastage you can cut down your energy bills and save money – as well as doing your bit for the environment. Here are a few tips to reduce energy costs in your home.

*Look out for bad habits.* Daily bad habits, like leaving the lights on when you're not in the room or boiling a full kettle when you're only making one coffee, can quickly

add up. Be energy conscious around the house and you'll soon see a saving in your energy bills.

*Only heat the rooms you're using.* Close the doors to unused rooms to reduce the area you need to cool or heat. Close the curtains and rather than heat your

bedroom, add another blanket or hot water bottle.

*Draft proof your home.* There are lots of other sneaky ways for heat to escape and a short while spent draught-proofing your home can have lasting benefits. Wait for a windy day then check the edges of all your windows and doors - you'll be able to hear a draught, as well as feel it.

*Switch appliances off at the wall.* TVs, DVD players, computers, stereos, and game consoles still use energy in standby mode. When not in use, switch these appliances off at the wall, or use a power board. A power board can supply electricity to multiple appliances at the same time and allows you to switch off all appliances using the same switch.

*Use energy-saving globes.* Change your old lightbulbs to compact fluorescent ones. Making a few small changes to the way you use energy could make a difference to your next energy bill.

*Source: Energy Australia*

Do you still feel like there's shame and failure associated with reaching out for help?

We know from experience that the greatest stigma you will face is from yourself.

People who care about you want you to feel good. Just because you are doing it tough, doesn't mean that you are not capable.

You are in the driver's seat!

▪ You get to choose who you tell, and how much you say

▪ You get to choose what is right for you

▪ You get to choose what actions you take when working with professionals

Where to turn to help?

RAW is here to help you take the first steps toward reaching out for help. Please call 1800 RAW TAS (1800 729 827). RAW officers are on the ground in Kentish following the June 11 storm.

*Written by: Nevenka (Nev) Alempijevic*



add up. Be energy conscious around the house and you'll soon see a saving in your energy bills.

*Only heat the rooms you're using.* Close the doors to unused rooms to reduce the area you need to cool or heat. Close the curtains and rather than heat your bedroom, add another blanket or hot water bottle.

*Draft proof your home.* There are lots of other sneaky ways for heat to escape and a short while spent draught-proofing your home can have lasting benefits. Wait for a windy day then check the edges of all your windows and doors - you'll be able to hear a draught, as well as feel it.

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## RUBICON RICE GRASS PROJECT

Rice Grass (*Spartina anglica*) has invaded more than 660 hectares of intertidal habitat in the Rubicon-Port Sorell Estuary. Recent drone photography emphasises the extent of the infestation and how quickly it has established following its introduction 50-90 years ago.



Image: Aerial image of the Rubicon River

This is the largest infestation in the Cradle Coast Region and the second largest in Australia after the Tamar. The Cradle Coast Authority (CCA), in partnership with Latrobe Council, secured funding to reduce the Rice Grass infestation in the Rubicon – Port Sorell Estuary. The project is improving the condition and long-term protection of coastal salt marsh and vast areas of wader bird feeding habitat. Rice Grass is being treated north of a “containment line” between Squeaking Point and Eagle Point to establish a Rice Grass Free Zone. Progress is also being made south of the containment line in the higher density infestations. The current Rice Grass program will continue for one more season, ending in June 2023. Future funding for Rice Grass control is being actively sought.

The weather allowed for an excellent treatment program this year (December-April), with very few days impacted by rain or wind. All follow-up areas were treated this year except for a small area of Panatana Rivulet. This totalled ~435 hectares, exceeding our target of 405 hectares. Large areas were given an initial treatment this year, totalling ~119 hectares. Most of this was on the eastern bank of the Rubicon, extending from North-East Arm down to the containment line at Eagle Point.

Another ~20 hectares north of the containment line was completed at Squeaking Point, as well as ~3 hectares of denser Rice Grass south of the containment line heading towards Thirlstane. All areas north of the containment line have had at least one treatment (except for a small area of Panatana Rivulet).

### FUTURE EDITIONS

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Article and event deadlines and distribution dates are provided to assist contributors with their forward planning

**Deadline** ..... **Edition**

27 September ..... Nov-Dec

Contributions must be relevant to the Latrobe Municipality and suitable for inclusion. They will be used at the discretion of the editor, in whole or part, in the next or future editions. Council does not pay for the editorial submitted. Articles may be submitted to the editor by the relevant deadline via email to Council@latrobe.tas.gov.au or posting to Latrobe Council, PO Box 63, Latrobe, 7307.

This goes a long way to achieving our aim of establishing a Rice Grass Free Zone.

### What are salt marsh wetlands?

Saltmarsh wetlands are dynamic ecosystems and unique habitats where salt-tolerant plants such as succulents, herbs, grasses, and low shrubs grow. These wetland areas are flooded regularly or occasionally; they are intertidal ecosystems that can include sand and mudflats. Saltmarsh provides a habitat for many animals, including crabs, snails, insects, spiders, and fish.

Along with primary producers (plants and algae), they all form an important part of the marine food web.

Saltmarsh wetlands support human use of the estuary and coast for recreational and commercial purposes such as fishing and tourism.

### Seagrass

Seagrass beds grow underwater and provide important habitats for fish and invertebrates. Like salt marsh, seagrass is at the base of the food chain, supporting the growth of thousands of tonnes of fish per year. Seagrass helps keep the water clean, assisting oyster growers and recreational fisheries.

It also has a very important role in stabilising sediment. There are five subtidal seagrass species in the Rubicon-Port Sorell Estuary, and all are native.

Saltmarsh wetlands, seagrass beds, and coastal swamp forests have recently been recognised as significant carbon sinks. The sediments and plants of these ecosystems store carbon known as “blue carbon”. Work is currently underway to quantify, protect and enhance these carbon stores in Australia.



Source: Cradle Coast NRM

### Rubicon Estuary Rice Grass Control 2021/22

